

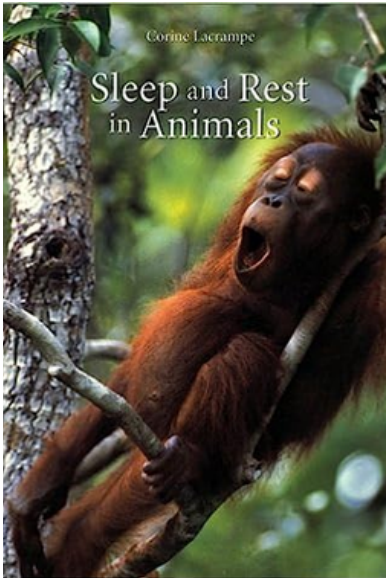


June 2023
Rest & Sleep

ON OUR SHELF

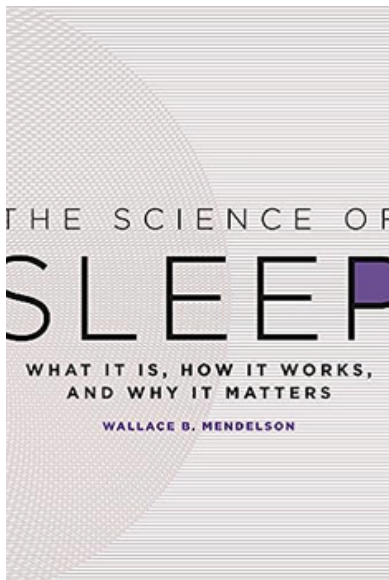
"Helping you care for animals
and for yourself"





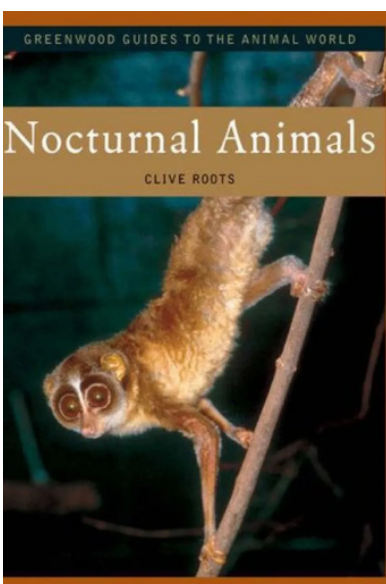
Sleep and Rest in Animals

Corine Lacrampe



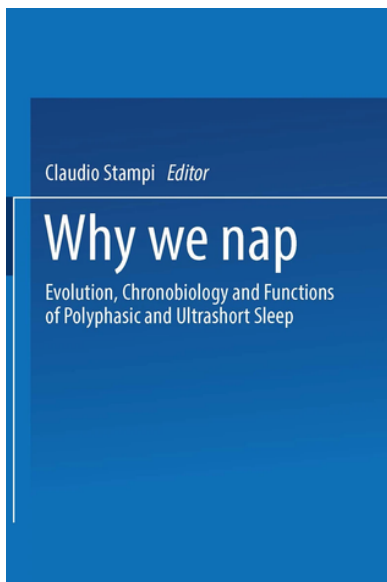
The Science of Sleep: What It Is, How It Works, and Why It Matters

Wallace Mendelson



Nocturnal Animals

Clive Roots

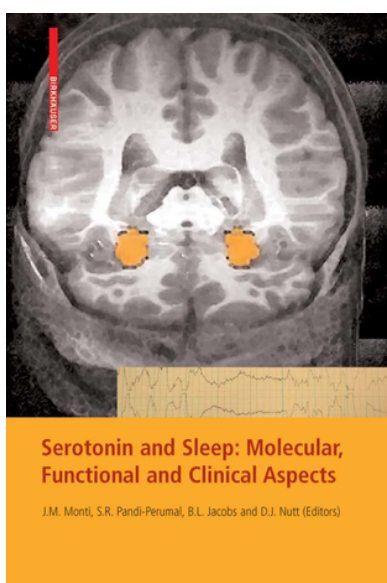
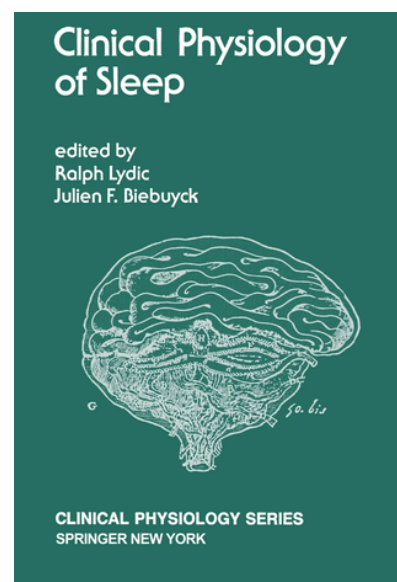


**Why we nap: Evolution,
Chronobiology, and
Functions of Polyphasic
and Ultrashort Sleep**

Claudio Stampi

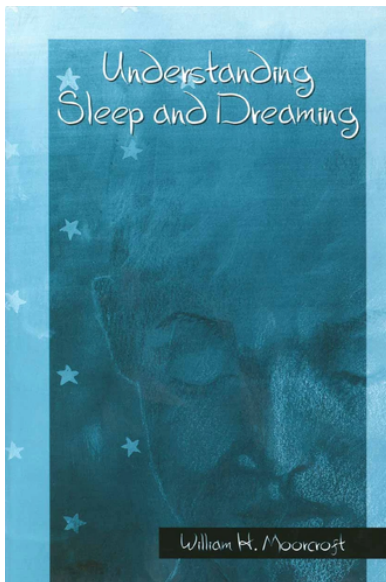
**Clinical physiology of
sleep**

Ralph Lydic and Julien F.
Biebuyck



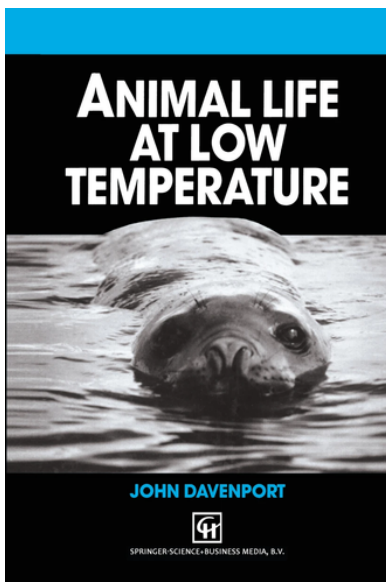
**Serotonin and Sleep:
Molecular, Functional
and Clinical Aspects**

Jaime M. Monti et al.



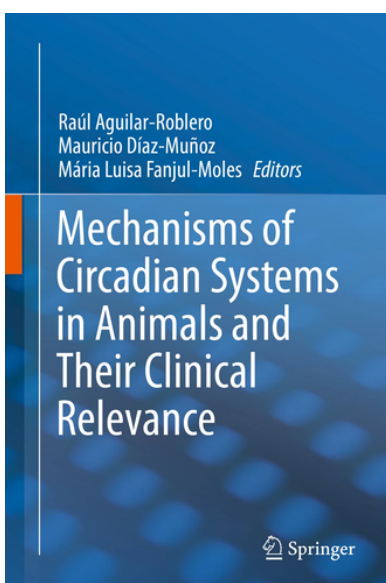
Understanding sleep and dreaming

William H. Moorcroft and Paula Belcher



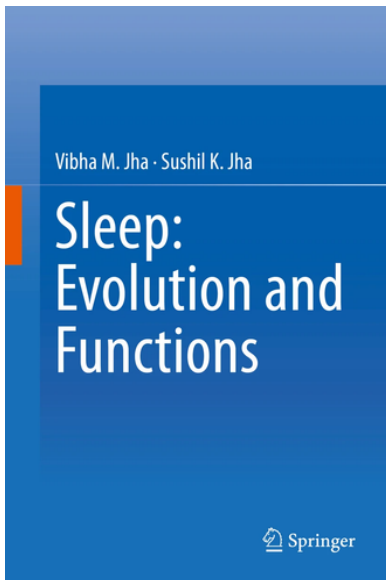
Animal life at low temperature

John Davenport



Mechanisms of Circadian Systems in Animals and Their Clinical Relevance

Raúl Aguilar-Roblero, Mauricio Díaz-Muñoz, and Mária Luisa Fanjul-Moles

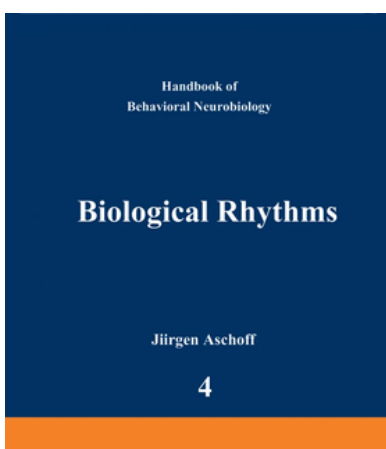
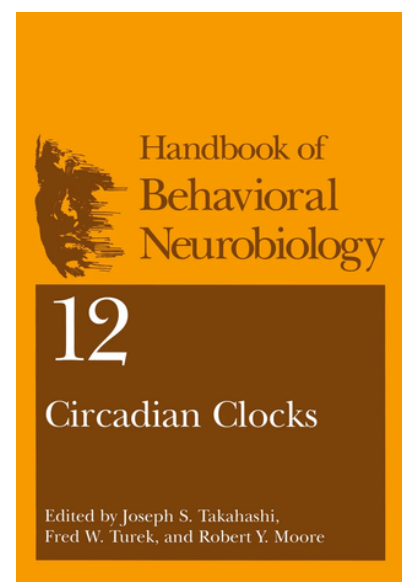


Sleep: Evolution and functions

Vibha M. Jha and Sushil K. Jha

Circadian clocks

Joseph S. Takahashi, Fred W. Turek, and Robert Y. Moore



Biological Rhythms

Jürgen Aschoff

